

# BRANT FLOUR MILLS LTD

RR4 Scotland ON N0E1R0  
Tel: 519.484.2921

## Rye Grain Kernels Product Specification Sheet

<b>Description</b>	Double cleaned and aspirated from rye grain. The rye is free of foreign material, insect infestation, excess weeds, seeds etc., in conformance with the health protection branch.
<b>Declaration of Components</b>	No additives, untreated rye grain.
<b>Regulatory Status</b>	Under Health Protection Branch
<b>Storage Conditions</b>	When stored in sealed multi-walled paper bags under cool, dry and clean conditions, the product shall provide 52 weeks of satisfactory performance.
<b>Type of Packaging</b>	Multi-walled paper-bags weighing 20/40kg.  Bulk
<b>Safety Risk</b>	None
<b>Kosher Status</b>	Yes By the Kashruth Council of Canada

### Nutritional Information Per Serving of 100g (3.5oz)

<b>Energy</b>	
Calories	349.5
Kilojoules	1462.3
<b>Protein (g)</b>	9.8
<b>Fat (g)</b>	2.3
Polyunsaturates (g)	1.5
Monounsaturates (g)	0.4
Saturates (g)	0.4
Trans (g)	0
<b>Cholesterol (mg)</b>	0
<b>Carbohydrate (g)</b>	72.3
Dietary fibre (g)	12.6
Soluble fibre (g)	1.9
Insoluble fibre (g)	10.7
Sugars (mono & di saccharides) (g)	0.5
Complex Carbohydrate (g)	45.0
<b>Sodium (mg)</b>	5.0
<b>Potassium (mg)</b>	240.0
<b>Calcium (mg)</b>	30.0
<b>Iron (mg)</b>	2.4
<b>Phosphorus (mg)</b>	340.0
<b>Vitamin A (RE)</b>	0
(IU)	0
<b>Vitamin C</b>	0
<b>Thiamine (mg)</b>	0.3
<b>Riboflavin (mg)</b>	0.2
<b>Niacin (mg)</b>	3.9
<b>Ash %</b>	1.6
<b>Moisture %</b>	14.0

Revision Date: February 1st, 2010

THE DATA CONTAINED HEREIN IS CORRECT TO THE BEST OF OUR KNOWLEDGE. IT IS ONLY INTENDED AS A SOURCE OF INFORMATION FOR YOUR CONSIDERATION. WE MAKE NO GUARANTEE, REPRESENTATION OR WARRANTY AS TO RESULTS. WE SUGGEST THAT YOU EVALUATE FOR SPECIFIC APPLICATION IN YOUR LABORATORY PRIOR TO USE IN PRODUCTION.